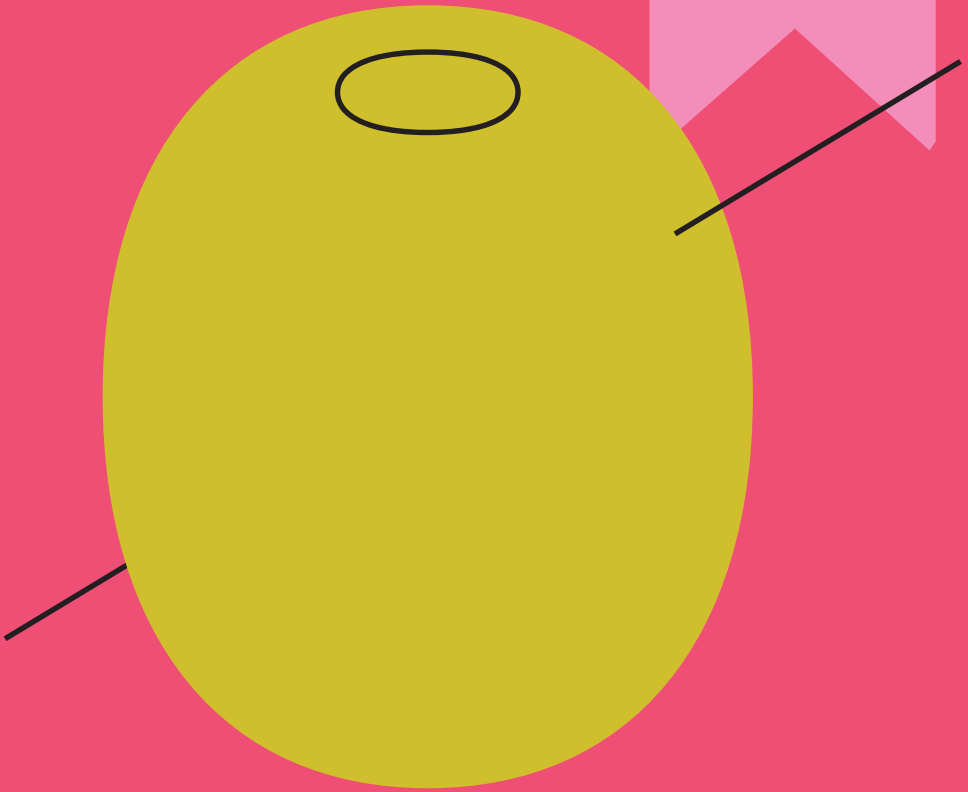


FALL
2023



BECHT



DAILY INSPIRATION

MAKE COOKING A PIECE OF CAKE!

Every box contains 30 easy and versatile recipes. Each with their own theme. The cards are wipeable and practical; take them with you as shopping lists or hand them out for a (dinner) party so every guest can take part in creating a delicious feast. Useful symbols allow you to quickly spot which recipes meet specific dietary requirements. The booklet within each box contains information about the ingredients and useful tips.



Autumn 2023: **PARTY SNACKS**, **OVEN** and **COOKIE**

Spring 2024: **PASTA**, **VEGGIE** and **BBQ**

Going Dutch,
everyone gets their
own card

Competitively
priced, ideal gift

Store your
favourite recipes
together

Enjoyed
a great meal?
Give the card
away

Buy all
ingredients at the
supermarket

Everyone
chooses their
own recipe for the
perfect weekly
menu

English sample translation available

Original title:
30 recepten – Koek, Oven & Borrel
13,8 x 18,4 x 3 cm
30 cards and a little booklet
Board box, full colour illustrated, laminated cards
November 2023



Sweet and varied

Delicious and simple

Surprising and varied

Cookie, Oven & Party Snacks 30 Recipe Cards

The first three boxes contain recipe cards on the themes COOKIE, OVEN and PARTY SNACKS. Whether you have plenty of time or only a little, want to prepare something for a small group or a big party, there is a suitable recipe for every occasion. If you are cooking alone, with friends or with family, everyone's personal wishes are easily determined with the help of the nine symbols.



Useful informational symbols

Booklet with tips and background information

Laminated cards, easy to clean

Handy card holder with each box



English sample
translation available

Original title:
Zoet zonder suiker
19 x 25cm
176 pages
Hardcover,
full colour illustrated
± 16.200 words



Sweet Without Sugar

Recipes from Sue's Bakery

Kim Sue Palm

Vegan sweets without refined sugars, lactose and gluten that are still full of flavour? Kim Sue Palm proves that it can be done! From biscuits and bars to truffles, cakes, pies and her well-known bites: *Sweet Without Sugar* is full of delicacies straight from SUE's kitchen that you can enjoy guilt-free.

Not only are Kim's creations super delicious, but they are also very easy to make. Conjure up cardamom cake with orange, flower biscuits or vanilla donuts with lemon glaze from the oven and make crunchy caramel bites or piña colada truffles on the go. You will also discover handy staple recipes for nut spreads, jams and caramels in *Sweet Without Sugar*.

Kim Sue Palm is the founder of SUE: the bakery for everyone who wants to snack responsibly. SUE's bites (and other goodies) are incredibly popular and are available in more than 120 establishments in the Netherlands and Belgium.

With the help of SUE's fine recipes, you will be able to make the most delicious sweet treats that satisfy your sweet cravings in a responsible way.

**Sweet
without
sugar,
it really
can be
done!**



HI! I'M YOKO

My name is Yoko Inagaki, and I was raised on the Japanese countryside of Aichi, as the granddaughter of a peach and kaki fruit farmer. Currently I live in the food mecca Osaka.

Eight years ago, I met the Dutch Christel when we connected at the international platform *Nagomi Visit*. We met, cooked, and talked endlessly about food, Japanese ceramics, art and culture, random stories, and cooking. I'm not an educated cook, cooking is my passion, but I have an inexhaustible drive to find everything there is to know about the stories behind Japanese dishes and its ingredients. Since then, I have quit my job, and organizing food tours and cooking sessions is now my fulltime occupation. The perfect excuse to visit miso-farmers, soy sauce breweries, tea fields and markets all over Japan.

YOKO shows you Japan as seen through my eyes, where I share the most beautiful stories about traditional Japanese ingredients, and I share the tastiest recipes!

ITADAKIMASU

(Bon appétit!)



YOKO

Stories and recipes from Japan

Yoko Inagaki and Christel van Bree

With *YOKO* you'll be bringing a real piece of Japan into your own home. In this one-of-a-kind cookbook, beautiful stories accompanied with unique photography are combined with easy to make recipes - the perfect mix to really get to know Japan on a deeper level. Step by step, Japanese local Yoko guides you through authentic, every day Japanese recipes which are relatively easy to make. Yoko's a real foodie and to show you the inspiration for her recipes, she takes you along on her trip through culinary Japan: through stories, dialogues and photos she shot on her way, you'll travel along with her to miso breweries, soy sauce factories and koji farms. You'll even get to take a look into a Japanese knife shop! Both stories and recipes give insight in Japanese traditions, but also show the impact of modern influences coming from the West on Japanese culture and cuisine. *YOKO* gives you that very much desired peek behind the door of an average Japanese home!

Yoko Inagaki lives in Osaka and met **Christel van Bree** in 2014 through *Nagomi Visit*, a platform connecting Japanese locals to tourists in order to teach them Japanese food culture. They clicked right away. Through her travel organization DimSum, Christel sent more and more tourists Yoko's way to get a taste of her recipes. Yoko has shown to be a great and inspiring home chef ever since and now fills her days taking tourists on food tours and providing cooking workshops.

**Discover Japanese cuisine and culture in a unique way
through the eyes of an Osaka local**

English sample
translation available

Original title:
YOKO
24 x 24 cm
240 pages
Hardcover
sprayed edges with
motif, full colour

English sample
translation available

Original title:
Het Slowcooker-boek
17 x 24 cm,
160 pages
Hardcover,
full colour illustrated
September 2023



The Slow Cooker Book

Sabine Koning

All you need is a slow cooker and **Sabine Koning's** versatile, every day recipes from *The Slow Cooker Book*, and you can make many delicious dishes!

As founder of the super popular food blog OhMyFoodness, Sabine knows better than anyone how to put a tasty dish on the table. Even with a slow cooker, which saves you a lot of time and effort and is super versatile.

In this cookbook, Sabine shares 80 original dinner recipes, from well-known stews to pastas, dishes from all around the world and old fashioned meals. For instance, make a classic rendang (or make it veggie!), prepare delicious BBQ pulled pork tacos or enjoy slow-cooked salmon with dill. Whether you like a simple vegetable dish or prefer to experiment with bold flavours, using *The Slow Cooker Book* you're guaranteed to put a delicious meal on the table.



English sample
translation available

Original title:
Zoets van Zeinab
19,5 x 25,5 cm
208 pages
Hardcover,
full colour illustrated
September 2023



Sweets by Zeinab Zeinab Alhashime-Bakker

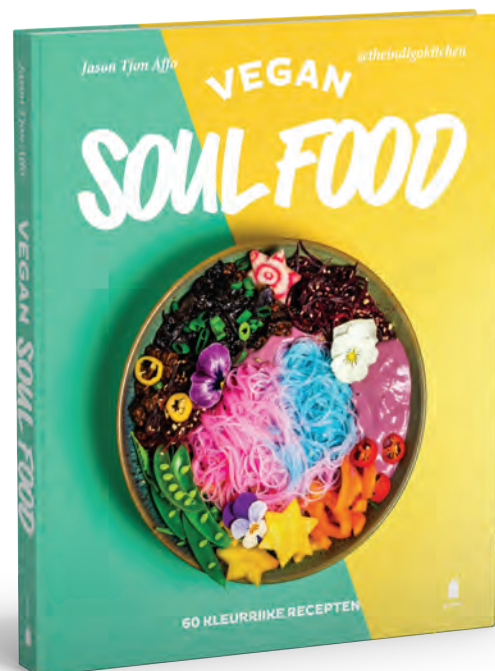
In *Sweets by Zeinab*, you will find the most delicious baking recipes by **Zeinab Alhashime-Bakker**, one of the finalists of *The Great Dutch Bake Off 2022*.

This beautiful cookbook is full of practical recipes that will easily enable you to make the most spectacular cakes and other sweet baked goods to decorate your cakes with. With the help of handy step-by-step photography, you will be able to make the tastiest cakes in no time. From assembling and building to icing and decorating; this book will allow you to become a true master baker. You will learn to experiment with all kinds of flavour combinations using Zeinab's handy flavour palette and create the ultimate showstopper cake.

In this book, you will find favourites such as honey cake, delicious red-velvet cakes, macarons and Zeinab's beloved baklava. And the icing on the cake is that you can surprise your friends and family with beautiful home-made creations with *Sweets by Zeinab*!

English sample
translation available

Original title:
Vegan soul food
20,3 x 25,4 cm
224 pages
Hardcover,
full colour



*Vegan cookbook
of the year (NL)!*

Winner Dutch
Vegan Awards



Vegan Soul Food

60 colourful recipes

Jason Tjon Affo

There probably isn't a better description of this vibrant cuisine than *Vegan Soul Food*. In this splendid cookbook chef Jason Tjon Affo, who has family roots in the South American country of Suriname, shares his very best recipes. Each and every one a genuine feast for the eyes (instant happiness) and thanks to his multi-ethnic background many dishes also have splash of the tropical.

'After deciding to cut out all animal products in 2014 I decided to go on a culinary adventure. Making sure I'd be able to provide my family and friends with the soul food I loved so much growing up. This inspired me to create this food & lifestyle blog. I'm grateful for the privileges that I've been given and now it's time to put them to use.'

The Surinamese-Dutch **Jason Tjon Affo** is an award winning (vegan) recipe developer, food photographer and food stylist. He's well-known thanks to his much-loved lifestyle platform *The Indigo Kitchen*, where he posts the most joyful and colourful vegan dishes you can think of.

Jason writes a blog and has an Instagram account; @theindigokitchen with 28K+ followers.

Vegan Party Food

60 festive recipes

Jason Tjon Affo

In this colourful cookbook you will find the tastiest and most original vegan dishes and snacks to serve at parties. Jason Tjon Affo has developed vegan recipes for every occasion. Spoil your loved one with pink risotto on a romantic date night, impress your friends at brunch with matcha *tompouce* and serve sweet and sour tempeh sticks as party food at your birthday party. Of course, the cocktail recipes and ultimate hangover dishes are also included. Who are you going to celebrate your party with? *Vegan Party Food* is the sequel to the successful *Vegan Soul Food*, which has won the Dutch Vegan Awards 2020.



English sample
translation available

Original title:
Vegan party food
20,3 x 25,4 cm
224 pages
Hardcover,
full colour

Vegan Rainbow Food

60 colourful recipes

Jason Tjon Affo

Succeeding his earlier bestsellers *Vegan Soul Food* and *Vegan Party Food*, Jason's back with his new *Vegan Rainbow Food*. In this joyful and inspiring book, he explains how eating all colours of the rainbow can help you get all nutrients you need – and what a great impact a colourful dish can have on your mind. With vegan recipes, modern layouts with a hint of retro and beautiful photography, *Vegan Rainbow Food* puts a smile on everyone's face. Try spinach-miso flatbreads with homemade chili oil, or go for matcha-chocolate cream cake. Brunch, diner, sweets, condiments and showstoppers for who really want to go all out; you name it and it's in there. With easy to follow recipes and Jason's colourful touch, every dish will let the sun shine on your plate!

The Surinamese-Dutch **Jason Tjon Affo** is an award winning (vegan) recipe developer, food photographer and food stylist. He's well-known thanks to his much-loved lifestyle platform *The Indigo Kitchen*, where he posts the most joyful and colourful vegan dishes you can think of.



English sample
translation available

Original title:
Vegan rainbow food
20,3 x 25,4 cm
224 pages
Hardcover,
full colour
22.000 words

*Eat the rainbow
and nourish your
body and soul!*

*Joyful vegan
recipes
accompanied
by colourful
photography*

English sample
translation available

Original title:

50 x vegan zuivel

17 x 21 cm

144 pages

Hardcover,

full colour

13.500 words



*50 easy and
delicious dairy
substitutes to
make at home*

*Drinks, ice
cream, yoghurt,
cheese and
deserts*

50x Vegan Dairy

*From oat milk cappuccino to cashew
parmesan*

Marleen Visser

Whether you are 100% vegan or just try to eat plant-based a little more often, finding good and tasty dairy substitutes can be very difficult. Especially if you're used to your bowl of yoghurt or cappuccino in the morning. But that is now changing. Marleen Visser teaches you how you can easily make all kinds of vegan dairy at home, that tastes just as good - if not better! Think of homemade vegan milk, butter, yoghurt, but also delicious cashew cheeses, vegan chocolate mousse or a vegan meringue.

Rights sold: *English
World rights*

**For everyone wanting to eat
more plant-based**



FOR MORE INFORMATION:

Sascha Duijvestijn,
Foreign Rights Manager
foreignrights@gottmer.nl
Phone +31 (0)23 54 11 109

GOTTMER PUBLISHING GROUP

Zijlweg 308,
2015 CN Haarlem, The Netherlands
www.gottmer.nl/foreign-rights/

 @Bechtnl

 @Altamiranl



GOTTMER



BIG BALLOON



BECHT



ALTAMIRA



DOMINICUS



HOLLANDIA



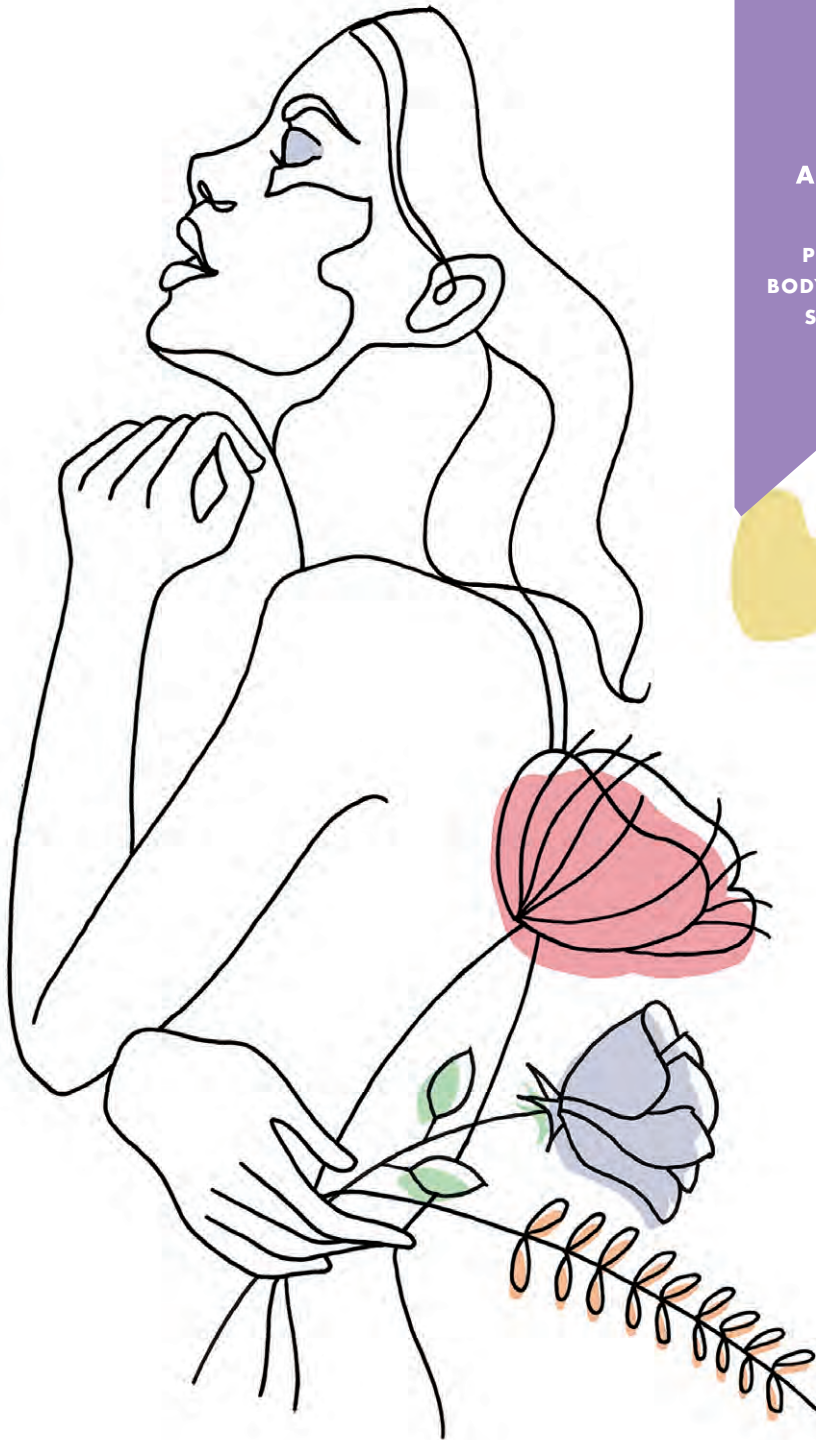
ZEILEN

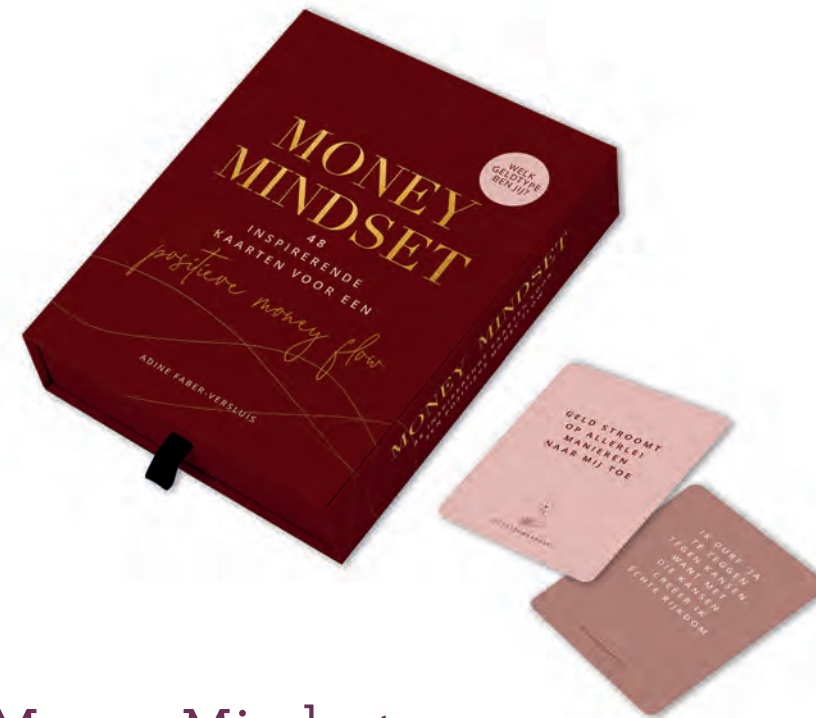
2023



ALTAMIRA

PSYCHOLOGY
BODY, MIND, SPIRIT
SPIRITUALITY





English sample
translation available

Original title:
Money Mindset –
48 inspirerende kaarten
voor een positieve
money flow
9 x 12,2 x 3,5 cm
48 cards and a
little booklet
Board box,
full colour illustrated
December 2023

Money Mindset

48 inspiring cards for a positive money flow
Adine Faber-Versluis

Your preconceptions about money, abundance and becoming rich are often influenced by others. By your parents, environment and society. And so you may be unconsciously and unintentionally repeating other people's patterns. Patterns that block you and steer you away from the abundant life you can lead. The *Money Mindset* cards help you discover your inner money type and your limiting beliefs and patterns. You will be challenged to look at money and abundance in a different way. Practical thought experiments help you deal with these patterns and beliefs. So that you learn to effortlessly attract more money, improve your relationship with money and live a life of financial freedom.

Adine Faber-Versluis Versluis is a financial expert and winner of the Woman in Media Award 2022 Friesland. She is founder of the Money Mind Academy. Her mission is to help women become financially free.

**Change your feelings and beliefs about money
Create a new mindset for more abundance**



English sample translation available

Original title:
Regenboogkracht – Altamira kaartenset
14 x 14 x 2,8 cm
35 cards and an instruction booklet (32 pages).
Full-colour illustrations
November 2023
Age: 4+

Rainbow Power

Rosalinde Weel & Ingrid Bockting (ill.)

The colourful cards in the *Rainbow Power* set offer children an abundance of powerful affirmations. The cards help them to embrace their special qualities, feelings and thoughts and give them a loving boost, all in a playful way. The accompanying booklet contains in-depth questions and practical tools that children can apply in their daily lives, at home and at school.

Rosalinda Weel is an author and a yoga and meditation teacher. She is the founder of the first specialised professional training programme for children's meditation.



English sample
translation available

Original title:
*Terugkeer naar
zelfliefde*
10,7 x 15,3 x 2,3 cm
52 cards and
a booklet of
32 pages



Return to Self-love - Card Set

*52 Inspirational Cards For Loving Life
and Yourself*

Rosalinda Weel

Unconditional love starts with yourself. In this beautifully designed box you will find 52 cards with inspiring quotes about self-love. The quotes help you explore who you really are, what you really long for in life and what you can do to improve your self-love. With this set, inner peace, joy and love are within reach. The enclosed booklet contains instructions on how to use the cards and explains the meanings of the quotes.

Rosalinda Weel is a spiritual coach, a yoga and meditation trainer and a self-love expert. Her source of inspiration and overall message is the power of inner peace, happiness and love.



Love Is the Answer

*52 cards with inspirational
quotes, connected to the theme
'love is the answer'*

Over
7000
copies
sold!



Dare to be Happy

*52 cards with inspirational
quotes, connected to the theme
'dare to be happy'*



High Sensitive

*52 cards that can help to learn
how to deal with high sensitivity*



Too Young to Burn Out

*40 cards that can help you
get your spark back*

Full English translation available

Original title:

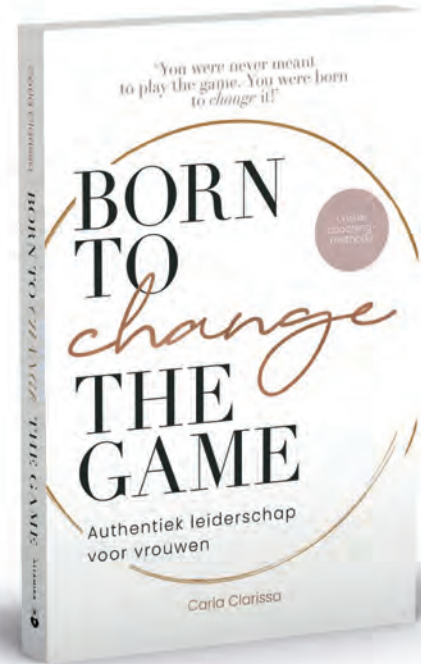
Born to change the game

13,5 x 20,5 cm

208 pages

Paperback

44.500 words



Unique take on the development of leadership among women

Coaching technique integrating body, mind & soul

Practical tools for women in masculine organisational cultures

Born to Change the Game

Authentic leadership for women

Carla Clarissa

Born to Change the Game is the inspiring and practical book for women who want to develop and discover their inner authority and leadership qualities. Using Carla Clarissa's unique coaching method known as the Journey to Wholeness, which puts your mind, body and soul at the heart of the process, readers learn to liberate themselves from rigid ideals of femininity and open themselves up to their own unique female authenticity and intelligence. *Born to Change the Game* is perfect for women who are looking for practical tools to develop their leadership qualities. By sharing inspiring stories and providing coaching exercises, Carla Clarissa helps women become strong role models. *Born to Change the Game* is a must-have for every empowered woman.

In *Born to Change the Game* **Carla Clarissa** shares specific exercises and practical tips, and most importantly of all, inspiration on how to become an authentic and empowered role model. This is her first book.

**Authentic leadership for women
– a unique coaching method**

English sample translation available

Original title:

Droomavontuur

22,7 x 27,7 cm

72 pages

Hardback,

full colour, illustrated

17.500 words

Age: 5+



Dream Adventures

Rosalinda Weel & Ruth Hengeveld (ill.)

Would you like to fly to unknown planets, chat to an ice princess or visit a family of meercats? All of this and more is possible with Rosalinda Weel's adventurous guided meditation stories. In *Dream Adventures* Rosalinda takes children age five and up on imaginative and playful dream journeys, which will help them to experience more confidence, relax and fall asleep. The structure of the guided meditations encourages children to turn their attention to their inner world and completely immerse themselves with the help of with the stunning illustrations by Ruth Hengeveld.

Rosalinda Weel is an author and yoga and meditation teacher. She is the founder of De Kindermeditatiedocent, the first specialised training programme for child meditation teachers. **Ruth Hengeveld** is an illustrator of children's books. With ecoline, pencil, soft lines and fresh colours, she creates worlds in which anything is possible.

Guided meditation stories for children

Imaginative stories and beautiful illustrations

Helps children's mental health





FOR MORE INFORMATION:

Sascha Duijvestijn,
Foreign Rights Manager
foreignrights@gottmer.nl
Phone +31 (0)23 54 11 109

GOTTMER PUBLISHING GROUP

Zijlweg 308,
2015 CN Haarlem, The Netherlands
www.gottmer.nl/foreign-rights/

 @Bechtnl

 @Altamiranl



GOTTMER



BIG BALLOON



BECHT



ALTAMIRA



DOMINICUS



HOLLANDIA



ZEILEN